



## College United Way sets \$50,000 goal

By **PAUL WYNE**

Because if you had to be five inches away from someone in order to tell if apart from any thing around it.

Where could you go for help? Jordan Hwang, 15, has fully functioning eyes, but due to a surgical vision impairment from a congenital lack of myopia at the time he was born, his processing the information his eyes send his brain, a blurring vision occurs in his vision.

And just as he is a student, who gets and available. He knows that because the different colors and the different motion make them easy for him to see. His time of life is partially impaired by the help he receives from organizations who receive funding from the United Way such as the CNIB and Hwang's Family as well as a nationally renowned personality.

His mother, Jennifer Hwang, the mother in the Conestoga College Hwang office, that thanks to Hwang's Family, she can see go to work like any other boy his age.

"Camp Hwang is a one-on-one camp that will support, but not one-on-one for the week. They get to connect their kids, they get to connect and support all the students camp staff," she said.

Hwang's Family is a non-profit organization committed to enhancing the well-being of individuals with developmental

and/or physical disabilities and the families of those who care for them.

As the son of the CNIB, organizations and individuals, programs will teach him to get around the city using the bus system, and staff will even come in and teach him to drive.

"He's getting around that way," said Hwang.

If Jordan were in school local by he would receive a helper to deal with normal school tasks, but he attends the School for the Blind in Brantford.

Jordan's vision is severely limited to students. Each in white is easier to see than white on white, the one who are better on bright days than on cloudy days.

Due to recognition on objects, he will have to wear them out as it is not even a year to get a new one in the next time, but he does not have depth perception.

Conestoga College is a supporter of the Hwang's Family United Way campaign.

Sophisticated Hwang is the head of the college United Way committee.

"Our goal this year is \$50,000," she said, adding that this is not an increase over last year.

"We're keeping it the same as last year. We looked at the breakdown of where pledges are coming from. We want to keep it in something we can



PHOTO BY PAUL WYNE

Jordan Hwang, who works in Conestoga College's Finance department, kisses his son Jordan (2) in front of the Hwang on Sept. 17. Jordan has a disability that prevents his eyes from properly connecting with his brain.

achieve," said Hwang. "The main strategy is going to be a pledge drive and we are trying to have a large for the staff."

The Student Life office coordinates in its operations with the Finance services funds from and business foundations programs, each of which has to put together a fundraiser in a

part of the project applies from these programs.

"It is a methodological approach to raising by taking what you're learning in class and applying it in an experiential way," said Ryan Connell, a Conestoga College student life representative.

Student Life runs a United Way campaign from Oct. 6 to Nov. 5 and is always looking

for volunteers.

"It's a volunteer opportunity to help out in the college community," said Connell.

To get involved he and students can either come to his office in Room B4111 near Door 3, or go to the Student Life office to pick up a sheet.

"It's a great way to meet other students on campus," he said.

## Conestoga College student wins Ms Wild Wing 2010 bikini competition

By **NAHARI KENNEDY**

September 4, 2006 featured not only a nationally televised beauty event on TSN, but also an unforgettable experience for one Conestoga nursing student.

It was on that date that Beata Lech, 21, a part-time employee at Wild Wing's Rochester location, won the Ms Wild Wing 2010 bikini competition, held at the Fairmont Royal York in Toronto. The competition was linked to a beauty event sponsored by the Wild Card company and was open to any female server or bartender from any of the 54 Wild Wing restaurants in

Canada. The top competitors were selected to wear evening gowns to the event and compete in the competition, where one of seven finalists was crowned Ms Wild Wing.

"I was a complete nervous wreck the entire night," said Lech. "I'd never done anything like this in my life, but it was so much fun and so worth it, even if I didn't win."

Over half a million dollars was invested in the four-hour beauty event, which was headlined by Canadian beauty pageant champion, Nevea Pollock.

Guest prizes were also given to the top three Wild Wing

competitors, with \$2,500 awarded for first, \$1,000 for second and \$500 for third.

"Beata was the most natural out of all the people," said Dan Schaller, owner of Rochester's Wild Wing. "I think Beata's what won it for her."

With this year's Ms Wild Wing competition being the first one ever, it's currently undetermined whether there will be one next year. But Lech, who has a good rapport with Wild Wing president, Rob Schneider, believes both Schneider and corporate are happy with the outcome of this year's competition.

"To create a list of winners for the restaurants," he said.



PHOTO BY PAUL WYNE

Conestoga nursing student, Beata Lech, first place, left, won the Ms Wild Wing 2010 bikini competition at Fairmont Royal York in Toronto on Sept. 4.

## Now deep thoughts ... with Conestoga College

Random questions answered by random students

If you could be any animal, real or imagined, what would it be and why?



"I'd be a dog because everybody loves dogs."

Angus Wells,  
first-year  
social services

"Houses happen because they're inseparable. They make beds out of dirt and they clean up your toilet cranks."

Christy Ineson,  
second-year  
early childhood education



"A main lion because you get to sleep all day and sleeping does everything for you."

Justin Clark,  
first-year  
nursing

"A squirrel because they climb, they run fast and some of them can fly."

Justin Clark,  
second-year  
early childhood education



"I'd be a lion because he's king of the jungle."

Jeff Vesce,  
first-year  
early childhood and  
sports management



"A cheetah because they go after what they want."

Kevin Giffin,  
first-year  
social services



Justin Conestoga, you could be a lion and squirrel?



PHOTO BY STEVE GIBSON

First-year students, from left, Steven Gaffman, John Bellamy and Devin D'Amico show off their residence bracelet, part of the new security policy at the Conestoga Facilities and Conference Centre.

## Residence faces changes under new management

### BY GREGG GARDNER

First-year students living at the Conestoga College Facilities and Conference Centre have some surprised sights, new faces and new responsibilities. But first-year residents aren't the only ones who will be getting used to some changes this year.

A new management team meets new policies, rules and social events.

Michael "Gus" Ande, the new general manager, has 11 years of experience in the field of residence management. Promoted last year, Mike Corbett is back in the role of house desk manager and Laura Robinson is the new residence life manager who oversees the residence, educational and social programming.

Robinson said, "I feel that being a strong leader within the residence will show students that I have an overall interest in that being their home for the next eight months and that it is important to me that they are successful."

While last year there was a no-visitor policy only during the school's weekend, this year visitors weren't allowed until after 10 p.m. In addition, this year there were color-coded bracelets that had to be worn for that duration, clearly identifying students as those who had a reservation to be in the building. This was mostly a security measure, but also helped staff learn to recognize the resident faces.

"With residents, we want to start with a strong social aspect in the social cohort as an attempt to have them identify with a community from the moment they walked into residence," Robinson said. "Having a strong sense of community and the feeling that this is their home will help keep students and everyone down as well as ensure that residents have a great college experience."

Visitation or dormitory could now run into trouble. The security deposit went up from \$100 to \$150 this year. This is partly due to the

upgrading made to rooms — LCD TVs, new pillow-top mattresses and desk replace mats.

"We are implementing the students' request for 1000 lock. If everything is in order, accounts paid up no damage/return needed to be done to the units, they get it back regardless of the amount," Robinson said.

Some of the changes this year will also be beneficial to those wanting to better explore the social aspect of the residence. There are now weekly groups, and along with having up Conestoga and a focus group on Wednesdays. There are also a number of all-campus events being offered this month.

Student resident advisor Laura Davidson said, "I am in charge of some of these events this month, and I really encourage students to come out. There is a trip to Canada's Wonderland and other events that are sure to be a blast. It's a way to get to know fellow residents in a fun setting."

### What the future



# Conestoga program makes history

By EVAN HARRIS

Conestoga's mechanical engineering mechatronics degree program (MEGR) has made history by being the first college program in Ontario and only the second in Canada to be accredited by Engineers Canada, the national organization that accredits engineering programs.

The mechatronics master graduates of the program are immediately qualified to apply for an engineering licensing. The first step is becoming fully licensed after doing professional engineering. Graduates must complete four years of work experience and write a law and ethics exam the same standard as university graduates.

The mechatronics was made in the AHS building. Sept 8 after the Canadian Engineering Accreditation

Board conducted a thorough review of the program involving significant industry consultation.

Dennis Freeman, president of Professional Engineers Ontario, the licensing and regulating body for Ontario's 73,000 engineers, took the podium during the announcement.

"They're doing it against the odds because they don't have the title of university," Freeman said of Conestoga's achievement.

Conestoga president John Tibbels has acknowledged the standards that colleges and universities are often viewed as a "two-tiered system of education."

"This is helping break that down," said Tibbels, before adding: "We're not trying to be a university."

The mechatronics systems engineering program is a four-year, co-op bachelor's

degree with roughly 35 students. Executive Dean of Conestoga's School of Engineering & Information Technology, Miss McClelland, said no changes were made to the program to get accredited.

"The accreditation is the confirmation of the high quality program standards set by Conestoga and is the result of a significant effort by many faculty members, college staff, industry partners and employers," McClelland said. "The accreditation along with our unique project-based delivery model and high co-op and graduation placement rates will continue to make this program very attractive to the young people considering a career in engineering."

The British Columbia Institute of Technology is the only other accredited institution of technology in Canada.



PHOTO BY EVAN HARRIS

President of Professional Engineers Ontario Dennis Freeman speaks at the award show at the new accreditation in the Conestoga AHS building on Sept. 8.

## ACETA barbecue unites old and new

By JESSICA DYER THAYER

Here's to the best program in the school," said Jim McCabe, an experienced construction engineering school graduate, on his fellow students and staff cheered along with a "top, top, hooray."

On Sept. 24 the 51st ACETA barbecue was held, with teachers and students from every year coming together to kick off the beginning of a new school year. The barbecue also welcomes first-year students into the program. People are encouraged to talk to others at tables at lunch to everyone here and come.

Good Luckin, a retired teacher, tossed the first hot sauce in 1979 and from then on it has been an ACETA tradition that all students look forward to every year. Angus Macdonald, a third-year student, said "I wouldn't miss this for the world."

The barbecue is such a good chance to show the new people to the program how excited the students and faculty are with the program," said Laura Davidson, a second-year student. "I am looking forward to the barbecue next year."

Students also look forward to McCabe's famous ribs, made with his home-grown barbecue sauce. "We found out about McCabe's barbecue ribs last year, so we came to the barbecue next year," said Davidson.

"It is so good!" "I was really looking forward to it this year and another year to come."



PHOTO BY JESSICA DYER THAYER

Jim McCabe, one of Conestoga's construction students, is enjoying the barbecue. McCabe is looking forward to the barbecue next year. McCabe is looking forward to the barbecue next year.

## College mourns loss of classmate

By JESSICA DYER THAYER

Some Conestoga students began their school week at school on mourning this week after business administration student Christian Di Roberto, known as Chris, died while on vacation in Costa Rica.

Di Roberto, 18, was vacationing in Costa Rica with his boyfriend, 22-year-old Shane Parker, an engineering student, on vacation at the college.

According to a Sept. 13 article in the Waterloo Region Record, Di Roberto and Parker were staying in a two-room suite at the El Comodoro hotel.

Late Sept. 8 Di Roberto fell from the balcony of the room and was pronounced dead at a nearby hospital early the next day.

Shane was detained for questioning, but the Waterloo

police have cleared him from any responsibility, though he has been asked to remain in Mexico for the duration of the investigation. Though Shane is not legally bound to stay in Mexico, he has chosen not to return home.

Di Roberto was about to begin his second year in financial planning, said professor Tom Papp.

Papp remembers Di Roberto as a fun-loving young woman.

"She was a fun person who had a great sense of humor," he said. "She was a terrific student, with mostly A's and always present."

Students from her class looked at a memorial about the loss of their classmate. Their teacher was not surprised.

"The class is still, they hang together. They were all affected by the loss."

**1 in 5 survives.**  
**We can all do better.**

Today, 1 in 5 people with diabetes develop heart disease. Reverse the trend.

Conestoga Learning



# Area women Take Back the Night

By JUNA PUGH

Strong cry, many hands and burning, dark, purple night sky and walked together to bring attention to the issue of violence against women in our region.

Participants of the 17th annual Take Back the Night marched together on the evening of Sept. 19 many carrying signs and chanting. Hosted by the Sexual Assault Support Centre, the women walked from Waterloo Public Square along King Street to Kitchener City Hall. The walk was led by a police escort.

"I've come out to Take Back the Night for several years because I think that it is very important that women feel free to walk the streets alone without the fear of violence," said Alison Pennington, who has been taking part in the march for the past eight years.

She spoke of how the Kitchener Waterloo walk and rally brings attention to the need for safer streets and homes in our region.

"We know that less than 18 per cent of sexual assaults are ever reported to police, yet



Photo by JUNA PUGH

A crowd gathered at Waterloo Public Square for the time since the Night only and march on Sept. 18. Participants walked from Waterloo in Kitchener City Hall to bring attention to the issue of violence against women.

ten years there was over 800 reported. As we know that there are huge numbers of acts of violence happening to women every single day," she said.

According to the Waterloo Regional Police Service's website, www.watershop.ca, there

were 286 sexual assault charges laid in 2009 and the police received a call for a domestic dispute every hour and a half or an average of 15.6 calls per day.

The crowd was intended to bring light to these numbers. "It's a larger issue than

many in the community would realize," said Lisa Casselman, community relations co-ordinator for the Sexual Assault Support Centre.

The event also included live music and an open mic session, where an unnamed

woman, emerged from the crowd to tell her story of being raped and then passed between customers and closed her eyes as the restaurant and spoke of being a waitress rather than a victim.

"For a lot of women, this is a very therapeutic process," Casselman said.

The walk is often called a controversy as the walk is only open to women and their allies and transgendered people. Although men are invited to join in at the rally they are not invited to walk.

I was born and many communities that hold the world wide march do not allow men to walk.

"We know that, obviously, we're not going to get any where if men are not involved," Casselman said. That is why they are invited to the rally. However, the march is reserved for women's voices, where the act of women walking alone is a symbol of the problem of violence against them.

"Women should not need the company of men when they're out at night, and in public spaces," Casselman said.

Wednesday, September 29  
RIM Park, Waterloo  
10:00 am – 3:30 pm

- Network with
- Learn about
- Inspire by the Past
- For undergraduate students and alumni of the sponsoring institutions with student ID's



UNIVERSITY OF WATERLOO

UNIVERSITY OF WATERLOO

# Are you stressed? Counselling can help you

by ROBERT COOTE

Almost every contemporary young student in this city is a new school year. Though the task of completing this semester may seem overwhelming, Counselling Services is here to help.

Whether adjusting to a new city, school or even a new country, counsellors such as Sarah Kiefer are a help near the transition.

"The two biggest things that seem to stress students at this time of year are a loss of culture and the stress of transition," said Kiefer.

Students may have to cope with being away from home for the first time, meeting new people and balancing finances and academics. International students are faced with adjusting to a new country. Mature students

may have to face balancing study life with school. "We doubt not to a student's worst worry."

"Looking ahead, students can feel overwhelmed, there's a little voice that tells them, 'I want to be able to handle it,'" said Kiefer.

For academic and personal issues, students can talk the advice of the college's counselling staff. Students who live in residence are also welcome to contact their residence advisors, who have been trained by Counselling Services to deal with such problems.

The make an appointment with the Counselling Services office located in the Student Life Centre, 14111, or call 609-745-6038 ext. 3360. More information is available on the Counseling website at [www.counselling.college.ca](http://www.counselling.college.ca) or calling.



Photo by Linda Saville

Tim Nguyen, student leader left, and Jane Richards, student advisor and coordinator of a new group at Centennial College. Students 4 Health stand with the groups display as they are being set up in the library during the first week of school.

## Students 4 Health helps new immigrants

by SARAH HENNETT

Culture shock is not an all new feeling, it is associated with the stresses of moving to a new place. Students 4 Health, a program established to help new students at Centennial College, has been recently incorporated to Canada, can help take many of these stresses away.

Their mission is to help students adjust to their new environment as well as connect them and their families into the Canadian culture and society. The program aims to support international students at all stages of their life, including their mental and physical health, academic studies, housing, language and career position and financial aid.

"I know what it feels like to look for services and how stressful it is adapting to a new culture and education system," says Amanda Daniels, a second year social sciences student at Centennial College. Daniels moved to Canada from Ethiopia last year ago. "What we think is right in Canada might not be right in another culture. What we think is easy and simple, others might find it difficult," says Daniels.

The program is called by Jane Richards, an immigrant education specialist and student advisor at Centennial College and Karen Daly, a coordinator for the health education management degree program. The idea for Students 4 Health came from a similar program at the University of Toronto called Health 4 Immigrants which helps newly high school students in Toronto.

Daniels along with Tim Nguyen, a third year health science co-op student and

Lillian Lukin, a third year BioN student, did a summer work term funded by Centennial College to launch the Students 4 Health program.

"It began in mid-June, and within two and a half months they had a website and major services," says Richards who is looking for three more students to join the team.

The website, [www.students4health.ca](http://www.students4health.ca), provides links to services and resources. It offers everything from where to find help in the Learning Commons to a list of affordable housing. It also provides links to job, housing and health as well as free income tax preparation.

"We are trying to be a resource so our students have an easy comfortable not only with Centennial College, but also with the community," says Richards.

In a July 2008 survey prepared by the Students 4 Health project team, 85 per cent of the responding students said they have experienced

stress. Forty per cent said they would benefit if they could find more support for verbal and emotional abuse. It was highlighted that it more knowledge to protect my problems, but it is very difficult to validate my degree," said an respondent.

Students 4 Health works closely with three Kitchener partners, the YMCA, the Working Centre and the Multicultural Centre. The website has links to these places which provide services that can help a person create their own work at the Working Centre or find immigration and immigration help at the Multicultural Centre. The Centennial College, offers citizenship classes and English conversation classes.

"We are hoping that the students are taking the resources we provide them and connect them with their families," says Nguyen.

Upcoming dates for Students 4 Health, meetings will be posted on their website.



Photo by Linda Saville

Tim Nguyen, left to right, Jane Richards and Lillian Lukin are the student leaders who did a summer work term for the college to launch Students 4 Health.

## Have You Tried



### BENEFITS OF HOT YOGA

- Builds strength
- Increases flexibility for a deeper stretch
- Cardiovascular exercise



by a real  
**FREE  
Karma  
Class**  
at each one

Winterize 4th Street for 4th Grade,  
430-4th Street West

**519-886-7276**

[www.greendefence.com](http://www.greendefence.com)

The good life. Made easy.

# Store brings old bikes back to life

By **BERNARD UPSON**

Everything is fun, especially on a pleasant day under leafy clouds when a car makes you feel like a kid again.

Everything is also an instant mode of urban transit perfection. It creates no pollution, creates no parking problems, no traffic jams and is even fun to ride.

However, bicycling can be expensive. A new bicycle can start at \$400. A good one or more like \$900. They can go up dramatically from there into the thousands of dollars.

If you are looking to find a good bicycle at a modest price try Bicycle Cycles.

Go to the back of the Queen Street Commons and at 40 Queens St. S. in Kitchener and you will find some stores. On the first building there is a door on the left. Through the glass panes in the door you will see racks of bicycle parts. You have found Bicycle Cycles. There are no signs to make your way. There is no advertising. You have to know where to go.

**It's a win-win situation.**

— **Peter Carr**

Inside you will find shelves of bicycle parts, repair racks for working on bicycles, stacks of remanufactured cycles and several friendly individuals working on bikes. They are intent and they look like they know what they are doing.

One of them is the owner, James Robertson, 28, of Kitchener. He has an opinion about cycling and everything connected with Bicycle Cycles.

"The reason we haven't advertised on much," said Robertson, "is because we just can't wait to keep up with demand since we opened."

"Bicycle Cycles is a community space," says Robertson. "The idea is to have a community bicycle shop so that it provides access to funds and bicycle repair facilities and bicycles to members of the community. It is strictly non-profit."

"They remove their profit because the staff are all volunteers," says Robertson. They raise money through the sale of donated used bikes and parts and through donations from the community.

"We work on around 4,000 bicycles a year and that's with the volunteer staff of around 40 active volunteers," said Robertson. They will be busy right through the win-

ter, when you think things would slack off.

Bicycles are definitely more affordable here.



Children's bicycles are reborn and they are free of charge. Once they are good to go there is no fee for them. Adult bicycles start at around \$14. The average price is probably around \$60. One used or refurbished computer is usually around \$1 and any new parts. "We don't really carry any new parts, because we work really hard not to compete with local bicycle shops."

There also many people in repairing their bicycles by providing them with work spots, racks, tools and advice.

"Why we ask is that people will spend most money in repair, road tune and then bring their bicycle in."

How does the word Bicycle Cycles feel about Bicycle Cycles? Are they competitors or do they complement the regular stores?

Peter Carr has been at Midland Cycle Sports



Co-owner **Bernard Upson** works on a bicycle at Bicycle Cycles at 40 Queens St. S.

Bartholomew's Bicycle Shop for over 20 years.

"It's a win-win situation," he said. "Anything that gets more people on bicycles is good for the industry."

People might start with an inexpensive, remanufactured bicycle from Bicycle Cycles, and later decide that they

want something better and better suited to their needs.

Bike, gradually accustomed cyclists are enthusiastic about Bicycle Cycles. "I've been there often," said Bob Miller. He buys a new bicycle each year for winter bicycling. It's a favorite place to go for more powerful repairs and assistance.

It shows they are a really important community service."

Considering how busy they are, many local bicycle shops are in agree.

Bicycle Cycles is open five days a week, Tuesday through Friday, from 10 a.m. to 6 p.m. and Saturday from 10 a.m. to 2 p.m.



PHOTO BY BERNARD UPSON

Bicycle Cycles has a huge pile of remanufactured bicycles stacked up waiting for new users to

## Performance Anxiety Group



**DO YOU WONDER...?**

- Why can't I perform well on my placement or on presentation, or blank out on tests when I know my stuff?
- Why bother trying? I'm going to fail anyway.
- Am I a failure unless my work is perfect?
- Am I afraid of making mistakes, being embarrassed and the disapproval of others?

Learn how to change your self-defeating thoughts

Join our

### PERFORMANCE ANXIETY GROUP

And manage anxiety without of letting it manage you!

To register bring a copy of your timetable by Friday, October 31st to [COACHING@STUDENTS.UTM.CA](mailto:COACHING@STUDENTS.UTM.CA)

Or register and we can email you [coaching@students.utm.ca](mailto:coaching@students.utm.ca)

The group will run for 4 weeks (exact completion time to be determined by student schedule - student will be contacted).

SEPTEMBER 27TH 8PM  
 11:00 \$  
 TICKETS:  
 2A10B

CD SUMMARY, UNDER 21, PEOPLE 10 + STUDENT CARD REQUIRED. ALL AGES WELCOME  
 ADVANCE TICKET SALES ONLY AVAILABLE FROM 5:00 PM / CD TRAILER AREA: 1 TO 3



CONESTOGA  
 STUDENTS INC  
 WWW.CONESTOGASTUDENTS.COM



# The customer is not always right

By ARNOLD KALE

Sometimes customers put unreasonable pressure on the people serving them. Some times the customers are a right.

Everyone has to deal with the service industry in day to day life. People interact with others every time they call a help line, eat at a restaurant or go through a checkout line and everyone at one point or another, has gotten frustrated.

The website total-wrights.com talks about customer service where customers may have disappointed their brands, become disproportionately belligerent or acted rudely.

Dean Walker who works at the Chamorro College restaurant desk enjoys working to serve but

admits that there have been times when the people who were trying to help have become unreasonable. If they already were frustrated and I'm not able to help them, then sometimes they say "Well what does you customer say? Why don't you know this?"

Walker like so many others in the service industry has dealt with difficult customers.

Noted playwright and actor Arthur A.J. Adams said his talent is there.

Like Walker Adams comes from around the world about customers who are wrong about some aspect of the service they are expecting or of the people serving them.

The site has been up and running since 2007 reflecting stories from all corners of the service industry. "A.J.

Adams' life story of his first worked in various service industries and was attacked about how often customers are incredibly wrong despite the well known motto saying the "customer is right". Walker said about the site's beginning.

Adams and Walker set up a column team to get stories out to the public.

For example on their website was a story about a customer at a gas station in Norway who was extremely frustrated about how the station ignored a motorist.

"Customer 'I need oil for my car. I need the 10 oil'."

Adams said, "I'm sorry we're out of that."

"Customer: 'Well, go get some more'."

Adams said, "I can't just do that. I could order some for you, and it will be here in a

couple of days."

"Customer: 'No! I've got a job here!' Thanks to the manager: 'Get some from the top'."

Adams said "The top?"

"Customer: 'I know that every gas station is connected to the oil rigs in the North Sea'."

Not all customers are this outrageous in their demands, but what requests do happen. The site chronicles the rude, crude and silly claims made by customers about how the service industry is supposed to work.

Smart customers expect their service to go beyond the realm of what is humanly possible and create situations that can lead to billion sale conclusions.

Noted playwright and actor Adams is a giant to highlight these difficult and annoying customers

for the enjoyment of the public.

Though the site first came to sunlight, it now has around eight to nine million hits per day according to Walker. I would say around October 2008, when the two-page-long book was published as... when the site took a tiny up. The book is available for order through the website right now with sale.

Adams and Walker plan to continue bringing stories of difficult customers to readers as long as they keep sending the site. Walker said "We are emailed hundreds of stories daily."

Seven can be sent to Walker and Adams at total-wrights.com by going to the site and clicking "Add your quote" at the top of the screen.



## BYE BYE DAYS OF SUMMER AND FISHING FUN

Great Canadian Fishes with the guidance of the community and in Kitchener are kept 28. Don't miss who wanted to take his passion out for an afternoon, and that this will likely be his last time fishing this season.

PHOTO BY SARAH BERNARD

## CAR FIRE STARTLES DRIVER AND DOGS



PHOTO BY SARAH BERNARD

The driver of a 1994 Grand Prix caught fire on last month Parkway in Cambridge on Sept. 27. The driver and her yellow lab puppy escaped without harm.

## Check out the career fair

By ARNOLD KALE

Do you want to mingle with future employers or research career options? Then come to the largest career fair in the country.

The fair takes place at BM Park in Waterloo, Sept. 28 from 10 a.m. to 5 p.m. in addition to free to entry full-time students or graduates from the four participating universities: University of Guelph, Chamorro College, University of Waterloo and Wilfrid Laurier University.

Some companies standing are York Regional Police, Toronto Hydro, Shell/Flare Media Inc. and World Financial Group.

"I do think the career fair is beneficial for both employers and employees. We like to be out there networking with students, informing them about the working career opportunities we have to

offer. And if they are not interested, they will likely pass the message on for us and for the future from the University of York Regional Police."

What can you do to prepare for the fair? Pick up a Career Fair guidebook at Career Services to research employers who will be participating. Decide an employer you want to see and prepare a list of questions to ask them. Remember there are no dumb questions.

Dress and conduct yourself as a professional, remember there are future employers who are looking for professional students. Don't forget to stay confident and positive.

Buses depart from the Bus Campus at 9:00 a.m. and 11:00 p.m. at Door 1.

For more information regarding the career fair visit [www.parkviewemployment.ca](http://www.parkviewemployment.ca).

MAKE-A-WISH.  
Canada

Because some wishes  
can't wait for someday.

[www.makeawish.ca](http://www.makeawish.ca) 1-800-825-8474

# New management at rez

## Residence staff plan to make changes

By EMILY BERNETT

First-year students living in the Conestoga College Residence and Conference Centre have seen numerous new faces and new responsibilities in the last few years, but students aren't the only ones who will be getting used to some changes this year.

A new management team means new policies, rules and social events.

Michael Changlade, the new general manager, has 12 years of experience in the field of residence management. Promoted last year, Mike Crawford is back in the role of front desk manager, and Laura Robinson is the new residence life assistant who oversees the academic, recreational and social programming.

Robinson said, "I feel that being a strong leader within

the residence will show students that I have an invested interest in their living here for the best night possible and that it is important to me that they are successful."

While last year there was a no-tobacco policy only during the move-in weekend, this year students were allowed until after Sept. 14. Also new this year were the colour coded keycards that had to be worn for three days, clearly identifying students to those who had permission to be in the building. This was mainly a security measure, but also helped staff learn to recognize the students there.

"Each resident was given a T-shirt and welcomed to their room colour in an attempt to have them identify with a community from the moment they walked into residence,"

Robinson said. "Having a strong sense of community

"I feel that being a strong leader within the residence will show students that I have an invested interest in this being their home."

— Laura Robinson, residence life manager

and the feeling that this is their home will help keep vandalism and damage down as well as ensure that students have a great college experience."

Vandalism or damage made to students' rooms could now cost them double. The security deposit went up from \$100 to \$200 this year. This is partly due to the upgrades made to rooms: LCD TVs, new pillow-top mattresses and desk replicators.

"We can hope maintain that students receive the \$500 back. If everything is in order, accounts paid up, no then a replacement needed to be done to the suite, they get a back regardless of the amount," Robinson said.

Some of the changes this year will also be beneficial to those wanting to better explore the social aspect of the residence. There are now weekly groups, including read books on Mondays and a forum club on Wednesdays. There are also a number of off-campus events being

"There is a trip to Canada's Wonderland and other events that are sure to be a blast."

— Robinson

offered this month.

Student resident, adviser Laura Davidson said, "I am in charge of some of these events that month, and I really encourage students to come out."

There is a trip to Canada's Wonderland and other events that are sure to be a blast. It's a way to get to know fellow residents in a fun setting."

# Parking situation frustrates students

By EMILY BERNETT

As Conestoga students start into a new school year, some continue to struggle to find a place to park. With over 8,000 students, finding a space can be a tough task.

Isabelle Desnoyers, student at Conestoga, described her frustration when asked about the parking situation.

"Not enough parking, that and there isn't enough permits," said Desnoyers.

She was unable to purchase an annual permit before they sold out.

For others it's not the overall ability of parking lots that's the issue.

"Permits are expensive," said Desnoyers, a second-year student. Primary Walker, an \$100, an annual permit can be an unwanted expense.

In total, she's driving for 90 minutes every morning, and that's after dropping her car off at daycare. "Each now I can only find parking on Lot 14 really far away," said Walker.

Taraiah Mijic is a general health and fitness student at the college. Her daily routine usually takes her 10 minutes.

"Parking is good as long as you get there early, otherwise a girl parked."

Conestoga College does provide alternatives for those who wish to avoid these issues. Designated bicycle lockers exist throughout the grounds for those who choose to bike to school. Biking is a cheap and environmentally friendly way to travel, plus it's also a good workout.

"Not enough parking, that and there isn't enough permits."

— Corinne Bonnell, interior decorating student

Grand River Transit provides bus routes specifically aimed at Conestoga students. A \$197 pass will let students travel for a semester and avoid parking fees completely. They travel about the rest of the year.

If driving is a must, car pool with friends, or even look for a car and an upgrade to the school's parking lot.



The parking lots of Conestoga College are full to the brim on a busy Monday morning.

PHOTO BY EMILY BERNETT

# CSI self serve meets your printing needs

By CASSANDRA HARRINGTON

Where can students go to fulfill their printing needs? Here at Conestoga, there are two options. The first is the Conestoga Students Inc. self serve area. The second is the print shop, along the hall from the bookstore. So, which do we choose?

Both places offer many of the same services, but if you're looking for the best price, the CSI self serve is the way to go. Colour copies are eight cents cheaper there, and they also offer many free services such as scanning, binding, laminating and file size.

"We offer way more services here," said Lynette Bonkhausen, a supervisor at the self serve area. Also, because students are doing the services themselves, there's no wait time. These projects will be finished as fast as the student can finish them. If you have any problems, there are always self serve supervisors around to lend a hand.

One of the main advantages of using the print shop is that

they do it for you. If you have trouble figuring out how to use different types of equipment, then the print shop may be the place for you. It can sometimes happen. Students using the print shop card can be prepared to drop off their projects and pick up their finished projects later, or they can email the project to them as a pdf. The email address is [csiprint@conestogac.on.ca](mailto:csiprint@conestogac.on.ca).

CSI self serve has slightly longer hours as well. It is open from 8 a.m. to 6 p.m. during the week. The print shop is open from 8 a.m. to 4 p.m. Monday to Thursday, and on Fridays, they close at 3:45 p.m.

"I usually encourage people to go there," said George Deaconson, the print shop manager, whose CSI self serve. He said it's better for students to go to CSI self serve for smaller projects so that the print shop can focus on larger projects and orders from teachers.

Students can look up the prices and services offered by CSI self serve at [www.conestogac.on.ca](http://www.conestogac.on.ca) or the self serve options under the services tab.

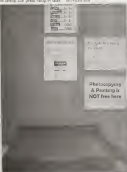


Photo by Cassandra Harrington

The Conestoga Students Inc. self serve area offers many services from photocopying to laminating.

## EAT FRESH AT THE KITCHENER MARKET



Photo by Jessica Hall

The Kitchener Market at 208 King St. E. bustles with activity on a recent Saturday morning. The market is open from 8 a.m. until 2 p.m. and offers a variety of fresh produce, meats and other items for sale by local vendors.

### COUNSELLOR'S CORNER: Mature Students

Post-secondary education is a journey of exploration and that involves comfort zones and embracing alternate ways of thinking and doing. Returning to school after years of being out in the workplace or raising a family can be intimidating, challenging, and sometimes unsettling, and disrupts a wealth of life experience from work, home, or prior life-long ability that unsure of where to expect of them at the college environment.

Many mature students are apprehensive about returning to school and are concerned about how they will perform academically. Their challenges are different than those of younger students including but not limited to: balancing personal and home life with school and on re-learning and re-developing study and research skills. To ease this, here to adjust and on important part of that adjustment includes developing competence in learning, a willingness to utilize resources and openness to learn from peers.

Here are a few observations about mature students that might ease some of the uncertainties about returning to learning:

- **KNOW THAT MOST ADULTS FEEL APPREHENSIVE ABOUT RETURNING TO LEARNING.** The truth is, that most adults do very well if not better than they did before, and they actually enjoy it.
- **THINK ABOUT WHY YOU ARE RETURNING.** Don't be surprised if you find reasons other than the ones you feel motivated to continue your learning.
- **DO WHAT IS RIGHT FOR YOU.** There is no right way to do this. Think about what is important to you and how it will best fit your life circumstances and goals.
- **MAKE YOUR WELL-BEING A PRIORITY.** Don't compromise on the things that keep you physically, emotionally, and spiritually well. Make sure you build them into your schedule.
- **DISCUSS YOUR PLANS.** Think about how others in your life might support you.

The Counselling Services Office can help. For more information, contact Counselling Services 1.800.







## HOROSCOPE

Week of September 21, 2009



### Aries

March 21  
April 19

It's probably best if you stay out of any business dealings with people who go by the nickname "Joe." Just saying.



### Libra

September 23  
October 23

On Tuesday, you will want to be checking your shoes before putting them on. You were transported to Australia while you slept.



### Taurus

April 20 - May 20

For fun, you might want to consider starting a "randomness to nowhere." Try to reverse government funding. Fun and profitable!



### Scorpio

October 23  
November 21

The red queen will call for you to be followed. There is not much you can do about this, unfortunately. Call us on a Tuesday.



### Gemini

May 21 - June 21

Gemini is the sign of the twins, and you will discover that you have an evil one. Alternatively, you will discover you are the evil one, when you give a gesture.



### Sagittarius

November 22  
December 21

You will discover that you have a favorite fragrance with the Internet AOL-CAT name. There is no known cure.



### Cancer

June 22 - July 22

Speaking of Internet games, your work will be defined by the boundless joy of a double rainbow that goes all the way! WOW!



### Capricorn

December 22 -  
January 19

Prime Minister Stephen Harper will come to your house asking to borrow your phone. He has a flat tire, you are, and really just needs to call home. .



### Leo

July 23 - August 22

You will find your cousin goes up in a mathematical progression over time. This means shortly you will be pulling off marks of 140 per cent.



### Aquarius

January 20 -  
February 18

Keep this in mind for next week: "Look, I don't see how nice that Japanese look. It is just trying to get you to put your pants down."



### Virgo

August 23 -  
September 22

On Saturday, you will want to take a SUMO run with you. The well-known one really will run in completely useful, but not for the reasons you would think.



### Pisces

February 19 -  
March 20

I know the yellow outfit goes to a little girl, but you should probably get over it. It's not that big a deal.

# ECE shapes children and students

By THOMAS PARENT

"What happens in the early years of a child's development sets the foundation for their learning," said Lisa West, supervisor of the Early Childhood Education Centre at Centennial's Dean campus.

She takes this responsibility seriously as does everyone who works at the daycare which is operational 12 months a year.

But the ECE is not just an extraordinary degree with a full staff of licensed and trained supervisors, it is a classroom and lab for Centennial students who are enrolled in the ECE program. It is one of the only colleges in Ontario that offers an open lab, where students

can go into a room with a two-way mirror and study the babies and tons of small children as they learn about basic concepts and how to properly care for a child.

Now that your are teachers that have been placed within the degree so that Centennial students can watch children (unrecorded) in real time interacting with students. Previously ECE students had to watch on videotaped library video that had no relation. This means that in addition to the rate resulting, so are their future programs.

With 95 per cent of post graduates choosing a career in the field, Centennial's ECE program seems like it is more than just a few baby steps

ahead of other colleges that offer the same program.

With 15 toddlers and children ages right months to 30 years running in, you and around the degree all your great academic placements or assistants such as assistant in not a hard first. With multiple options for placements as assistants in public schools as well, this program values in the needs of parents looking for competent and hard-working childcare professionals.

"It opens a lot of doors to many careers, like teacher's college," said Freda Balasani, a Centennial student currently enrolled in the program. "You get the experience because I want to be a teacher."

For the little ones, Respect

www.ccn.ca/education/ece

Respect goes both ways in our classroom.

We're glad we consider the impact we have on each other.

Thank You for Being the Difference

CENTENNIAL COLLEGE

Student Life



Paul Irvine carefully examines the stars and then ignores them for your amusement

## K-W RANGERS FINISH SECOND IN TOURNEY



PHOTO BY JENNIFER SHERIDAN

The K-W Rangers women's hockey club travelled to Stony Creek on the weekend of Sept. 20-21 where they competed in the Stony Creek University Showcase Tournament. The Rangers made it to the B finals but lost 2-0 giving them second place.



## SPORTS

## Outdoor women's soccer team gets first win of the season

By JENNIFER SHERIDAN

After a home opening on to Sheridan College, Conestoga's women's outdoor soccer team was not going to settle for anything less than a win.

Even though the Candors captain Carmen Gervasio was missing to return the Candors, said their great determination and hard work to earn their first win of the season against the St. Clair County on Sept. 18.

The first half was similar to a prelude in a grand finale. Both sides went back and forth, with the Candors being able to convert on the few quality chances they had. Most of those chances came from the Candors.

"They played a lot better than us in the first half and head coach Mike Kruger."

Follows minutes and a few words of encouragement later Conestoga was ready to control the game. When the whistle blew to start the second half the Candors flew out of the gate dominating half possession, scoring chances and powerful play which led to a goal by third year forward,



PHOTO BY JENNIFER SHERIDAN

Georgina-Denise Forward only takes minutes the ball goal in St. Clair County's defense as it was at Conestoga College's soccer field on Sept. 20. Forward scored the only goal of the game, giving Conestoga a 1-0 victory.

Holly Wilder. With a quick shot just inside the six yard box, she'll surprised past the Candor's goalkeeper.

"I told the girls we need to win the 6000 balls and be more aggressive and not let

that's why we won" said Kruger.

Though St. Clair battled back in the last 15 minutes of the game, Wilder's goal ended up being the game winner.

Conestoga's goalkeeper was rarely called upon as Conestoga's defense was solid, only allowing two shots on goal in the second half and creating many chances in their own end.

It was a hard game played in a sporting season, and the head coach of St. Clair College Dan Lockhart.

"They are equally as good as we are, so we had to be harder to get the better result" said Kruger.

Finishing with a 4-1 record last season, the Candors will have to continue working to make a push for the playoffs.

Having last year's Ontario College Athletic Association champion the Panthers Falcons in the state division will make the goal more difficult.

"Football is a very good team with great coaches and are very hard to play," Kruger said.

# So SEXY It's SCARY!

50 King St. E  
Kitchener  
519-333-2208

10 Marlow Dr. Unit #3  
Oshawa  
905-896-1226

7 King St. N  
Waterloo  
9-856-4500

561 Hespeler Rd  
Cambridge  
519-624-9492

29 Wellington St. E  
Guelph  
519-782-2490

**STAGSHOP.COM**

# Men's outdoor soccer team aiming for playoffs

By MARCOE MATTHEW

The Conestoga College men's outdoor soccer team is hungry and ready to build on last year's strong season.

Conestoga finished with a solid record of 4-1-6 last year. With a second place finish in their division, Conestoga played Seneca College in the playoffs but lost 5-1. All star goalkeeper Shane Dackfield had a phenomenal regular season where he only gave up four goals. That paid him for the best goals allowed among all goalkeepers.

It will be an uphill battle from this point on as Conestoga will no longer have the services of Dackfield. The team is also fielding a few injuries to start the season. Fortunately the Conestogas have an experienced coaching staff leading the way.

Head coach Alde Krajcar has been coaching soccer for over 30 years. He is now in his fifth year coaching at Conestoga where he coaches both the men's and women's teams. Krajcar is also currently the district director of players and coach development and is an Ontario Soccer Association



PHOTO BY MARCOE MATTHEW

Two soccer players try to gain possession of the ball by heading it away midfield during the men's season game on Sept. 18 at Conestoga College. The Conestogas tested if the Sheldons Brian, putting forth a valiant effort, but lost 2-0 in a strong opponent.

instructor.

Growing up in Courtenay, Krajcar developed a strong passion for the game of soccer.

"My wife thinks I like soccer more than her. I tell her I love her 18 times more

than I love basketball. I'm joking of course," said Krajcar.

Krajcar isn't always joking around though. His expectations for this year seem no simple.

"Make the playoffs and go

at least one extra game," he said.

On Sept. 18 the Conestoga Conestogas faced some early growing pains when they hosted the up-and-coming Sheldons Brian. The Conestogs got an early goal

called back on an offside call and weren't able to generate any offense throughout the game. Sheldons played a great offensive game and beat Conestoga 2-0.

"Conestoga played well. The thing was they were really nervous," said Ian Senesch, a third-year student at Sheldons College who was cheering his home on. Unlucky would be a fitting word to describe Sheldons' second goal. A seemingly harmless slow rolling ball that appeared to be heading wide of the goal fooled Conestoga's goalkeeper and ended up finding the back of the net.

Krajcar thinks his team can be successful this year if they can stay focused and follow their game plan.

"If they can just play simple, make smart decisions, try to do what they're capable of doing," said Krajcar. He went on to add that he encourages all his players the importance of positioning on the field and how it's vital to their success.

Over the years Conestoga hasn't been all that successful as they haven't won a championship title since the 1970-80 season. Last year's great regular season was a step in the right direction. However, their first game this season was a minor step back.

A few bad seasons, a goal called back on an offside call and an odd second goal all contributed to Conestoga dropping its home opener.

THANK YOU

Orientation Leaders for making all of our new students feel welcome!



Student Life

Shape your experience